



2021 SRF Online World Convocation - Programm im Zürich Zentrum



	Sonntag, 8. Aug	Montag, 9. Aug	Dienstag, 10. Aug	Mittwoch, 11. Aug	Donnerstag, 12. Aug	Freitag, 13. Aug	Samstag, 14. Aug
09:00							
09:30		Meditation <i>led by a monastic</i>	Meditation <i>led by a monastic</i>	YSS Meditation & Kirtan	Meditation <i>led by a monastic</i>	Meditation <i>led by a monastic</i>	Gel. Meditation & Review <i>Br. Prafullananda</i>
10:00							
10:30							
11:00		Talk: Autobiography <i>Br. Jayananda</i>	*Techn. of Energization* <i>Br. Saralananda</i>	Aum Technique* <i>Br. Kamalananda</i>	Talk: Introspection <i>Br. Ishtananda</i>	Talk: Unconditional Love <i>Br. Vishwananda</i>	Talk: Power of Prayer <i>Sister Madhuri</i>
11:30							
12:00							
12:30			Vegi-Burger-Grillplausch im Zürich Zentrum			nur bei Schönwetter: Uetliberg Ausflug mit Bahn ab Bhf. Selnau, dann Picknick oder Restaurant Uto Kulm, anschl. Wanderung	
13:00							
13:30							
14:00			*Hong Sau Technique* <i>Br. Naradananda</i>				
14:30							
15:00							
15:30			Talk: Spiritual Seeker <i>Sister Draupadi</i>	Talk: Presence of God <i>Br. Satyananda</i>	Talk: Spiritual Freedom <i>Br. Bhumananda</i>		Talk: Living with Purpose <i>Br. Govindananda</i>
16:00			Soup & Smoothie Bar	Soup & Smoothie Bar	Soup & Smoothie Bar	Soup & Smoothie Bar	Soup & Smoothie Bar
16:30							
17:00	Gemeinsame Meditation	Meditation & Kirtan	Meditation <i>led by a monastic</i>	Meditation & Kirtan	Meditation 3 hours	Meditation <i>led by a monastic</i>	Meditation <i>led by a monastic</i>
17:30							
18:00	Opening Program: Your Soul's						
18:30	Infinite Potential <i>Br. Chidananda</i>	<i>Monks' Kirtan Group</i>	Satsanga <i>Sister Karuna</i>	Nuns' Kirtan Group	<i>Br. Chidananda</i>	Meditation & Kirtan <i>Monks' Kirtan Group</i>	Closing Program Spiritual Compass <i>Br. Chidananda</i>
19:00							
19:30							
20:00	Chai Tee & leichte Snacks		*Geleitete Meditation DE* <i>Br. Nikhilananda</i>		Chai Tee & leichte Snacks		Light Fellowship Dinner
20:30							
21:00	Talk: Transform your Life <i>Br. Sevananda</i>				Talk: Kriya Yoga <i>Sister Usha</i>		
21:30							
22:00							

Legende:
Live-Übertragung
Aufzeichnung
Offline Meditation
Gruppenaktivitäten
* nur für Mitglieder

